

Guide for international guests



Welcome to UCN

# A warm welcome



**"We focus on ensuring that you will have the best experience during your visit in an exciting and dynamic environment."**

**Dear guest,**

Welcome to University College of Northern Denmark, UCN.

We look forward to hosting you at one of our inspiring campuses that are scattered around the beautiful region of North Jutland.

Visiting our institution offers a unique chance to combine professional and personal development, create international networks, reflect on workflows and processes, and exchange expertise and experience.

At UCN, we believe that not only you as an international guest, but also our colleagues and students, will benefit greatly from meeting lecturers and administrative staff from abroad.

We focus on ensuring that you will have the best experience during your visit in an exciting and dynamic environment. Whether this is your first stay at UCN, or you have visited us before, we hope this guide will help you to make the best of your stay.

Enjoy your time at UCN.

**Kristina Kristoffersen**  
Rector

# About UCN



**UCN is proud to deliver real-life education as theory and practice are closely intertwined. Being practice-related is at the core of our DNA.**

UCN is a large Danish institution of higher education and knowledge in the fields of health care, education, business and technology. UCN is an independent, self-governing institution.

UCN is a member of University Colleges Denmark and is based in the North Denmark Region. This is why UCN has a duty to educate graduates in close collaboration with the business community across our region.

UCN was established in 2007 and has many years of experience in higher education. The institution is the result of a merger between a number of education institutions, some of which date back more than 200 years.

The overall strategic management is performed by a board of governors. The Board has 14 members representing both private and public businesses as well as student and staff representatives.

The Board of Executives carries the overall responsibility for the day-to-day management of UCN with the support of heads of faculty and heads of department. Our culture builds on the four values of courage, resolve, visibility and coherence.

UCN is proud to deliver real-life education, because in real life, theory and practice are closely intertwined. Being practice-related is at the core of our DNA as well as our learning approach. What motivates and drives us is generating knowledge and learning that will yield positive results and bring about change.

Read more about UCN as an institution on [www.ucn.dk/english](http://www.ucn.dk/english).

# Our campuses

With six campuses, UCN is present in three cities around North Denmark. Each campus is named after the street it is located on. You can purchase breakfast or lunch in our canteens on all of our campuses.

UCN has a strong internal organisation that supports the internationalisation of UCN's study programmes and research in Denmark as well as internationally.

You can read more about our campuses on [ucn.dk/english](http://ucn.dk/english).



## HJØRRING

### Skolevangen Campus

- 4 study programmes within the fields of social education and education, health care and business



## AALBORG

### Selma Lagerløfs Vej Campus

- 6 study programmes within the field of health care
- UCN administrative functions
- UCN International Relations Office



### Mylius Erichsens Vej Campus

- 2 study programmes within the fields of social education and education
- UCN act2learn
- Educational Resources Centre



### Hobrovej Campus

- 12 study programmes within the field of business
- UCN Innovation



### Sofiendalsvej Campus

- 16 study programmes within the field of technology
- UCN act2learn



## THISTED

### Lerpyttervej Campus

- 5 study programmes within the fields of social education, health care and business



# International Relations Office

**UCN places emphasis on internationalisation, and we have offices based at the heart of the organisation as well as locally on our campuses.**

UCN's international consultants work within specialised areas such as mobility, Erasmus+, funding, translation, partnerships, marketing, development projects and retaining international students.

The core purpose of the Office is to support the students' as well as UCN's development through increased internationalisation.

## **International coordinators**

UCN's international coordinators are present on every campus where they are responsible for implementing international initiatives locally and guiding students who are going abroad for studies or on internships.

## **Questions**

Please send any question you might have to [international@ucn.dk](mailto:international@ucn.dk).

You can read more about UCN International Relations Office [here](#).

# Staff exchange

**If you are a lecturer or a member of administrative staff from a partner institution, you have the opportunity to visit UCN.**

There are many ways to visit UCN. During the year, UCN welcomes staff from our partner universities to partake in training or teaching exchanges.

Usually, the exchanges are planned 3 to 6 months prior to the actual exchange with help of the international coordinator from the particular degree programme.

Exchanges typically involve giving a lecture or engaging in job-shadowing. The staff exchange could also involve attending meetings, workshops, seminars or visiting students in clinical placement. We also find that international guests visit us for our research and Reflective Practice Based Learning approach. The content of the staff exchange is always discussed and organised in advance.

## **International Days**

Each year in November, UCN hosts a staff week called International

Days. The three-day event is an opportunity to share knowledge and experience within your educational field and to develop your professional competence in an international setting.

## **What you will gain**

As mentioned, there are various ways to do a staff exchange – either as an individual exchange or by attending the International Days. Nevertheless, both opportunities will contribute to:

- Enhancing your teaching and/or working experience.
- Discovering alternative ways of working.
- Providing inspiration for new ways of working.
- Supporting your professional development.
- Exchanging best practices and expertise with likeminded professionals.
- Developing your network.

You will achieve personal and professional benefits, and European partners even have different funding opportunities relating to their exchange.

## **Erasmus+ exchange**

The exchange must be categorised as Staff Teaching and/or Staff Training that involve different criteria, but the stay must be at least two days long to receive funding. Your home institution is responsible for all paperwork related to the grant. Your contact person at UCN will help you get the appropriate signatures for your papers.

## **Nordplus**

For an Nordplus exchange, the formal lead of the network handles all paperwork related to the grant. Your contact person at UCN will help you get the appropriate signatures for your papers. A Nordplus exchange must also be at least two days long to receive funding.

## **Want to visit us?**

On the following pages, you will find practical information about coming to Denmark, and maybe you will even find inspiration for things to see and do while you are here.





2929/z-v

Check-in 1-24

Arriving in  
Denmark

# Getting here

**You can reach Aalborg by train, car or plane. If you arrive in Copenhagen, you can either take a bus, train or plane to Aalborg. When in Aalborg, you can catch a bus or train to reach our campuses in Hjørring and Thisted.**

## **Plane**

Aalborg Airport is located on the north side of the Limfjord. From Aalborg Airport, you can take the bus, train or grab a taxi. Travelling time is approximately 20 minutes by taxi. The bus fare from Aalborg Airport to the city centre is approximately 3-5 EUR.

## **Train**

Aalborg railway station is located in the city centre. There is no train connection to the various campuses, so you will have to take a taxi or bus from the railway station.

## **Bus**

Aalborg bus station is located next to the railway station. From here you can take a bus to all of UCN's various campuses.

To find the right bus route to take you to our campuses, go to [Google Maps](#) or [Rejseplanen](#).

# Accommodation

We would like to suggest the following hotels which are located near bus stations that can transport you to our campuses.

## Aalborg

**Kompas Hotel Aalborg** – is located near the city centre. This hotel is 100% non-profit and all of their profits go to charity. Therefore, Kompas Hotel is a sustainable choice when you are looking for accommodation in the city centre of Aalborg.

**Aalborg Hotel Apartments** – these fully equipped apartments are located near Selma Lagerløfs Vej Campus. From the apartments, you can easily take the bus to the city centre.

**Zleep Hotel Aalborg** – is located next to the bus and railway station in the city centre. From the hotel, you can easily take the bus to Hobrovej Campus, Mylius Erichsens Vej Campus, Sofiendalsvej Campus and Selma Lagerløfs Vej Campus.

## Hjørring

**Hotel Phønix** – the hotel is located in the city centre of Hjørring and is approximately 1 kilometre from campus.

**Hotellet** – is located in the old charming part of Hjørring. The area is called Nørregade and is the oldest part of Hjørring. The hotel is less than 2 kilometres from Skolevangen Campus.

## Thisted

**Hotel Thisted** - is a renovated family hotel centrally located in the city of Thisted. Lerpyttervej Campus is approximately 2,5 kilometres away from the hotel.

**Hotel Limfjorden** – is situated just outside the city, but with a view of the Limfjord. Choose this hotel if you prefer a room with a view, as the hotel is located 5 kilometres from campus.

**For other suggestions, please visit:**  
[www.booking.com](http://www.booking.com)  
[www.hotels.com](http://www.hotels.com)

Find a hotel  
close to  
campus





Finding  
your way

# Getting around

**While staying in Aalborg, Hjørring and Thisted, you will find that Denmark has great public transport and infrastructure.**

## **In Aalborg**

Aalborg is easy to get around in. Depending on your location, you may travel by foot, bus or train. The bus and railway stations are located in the city centre near John F. Kennedy Square. Of course, you can always get around by foot or bicycle. If you do so, remember to look out for the street art across the city. Behind every mural or piece, you will find a story.

## **In Hjørring**

While staying in Hjørring, you have various options to get around. Depending on where you are, you may travel by foot, bus or train. The railway station in Hjørring is called Hjørring St. and is distanced just over 1 kilometre by foot from Skolevangen Campus.

## **In Thisted**

While staying in Thisted, you also have various options to get around. Depending on your location, you may travel by foot, bus or train. The railway station in Thisted is called Thisted St. and it is located just over 2 kilometres from Campus.



## AALBORG

**Aalborg** is the largest city in the region and dates back to when the Vikings raised their sails on the Limfjord.

Aalborg is a brilliant mix of old and new. The city is currently undergoing a profound and positive transformation and has risen to become a vibrant city with iconic architecture. In addition, Aalborg has one of the most beautiful waterfronts in Denmark.

**Musikkens Hus** is an architectural gem in Aalborg and Northern Jutland that hosts both national and international music of all genres. The impressive building is home to The Aalborg Symphony Orchestra and the Centre of Danish Jazz History.

After a nice walk along the waterfront, perhaps it is time for a coffee or tea? If so, you will find cosy cafés and great restaurants all around the city centre.

# Sightseeing in Aalborg





The Utzon Center

**The Utzon Center** is a vibrant cultural centre on the Aalborg waterfront. The centre was designed by famous Danish architect Jørn Utzon who was raised in Aalborg and is the architect behind the Sydney Opera House.

**Kunsten** - Museum of Modern Art Aalborg. Designed by world-famous Finnish architect Alvar Aalto, this beautiful and iconic museum was opened in 1972. The museum invites both locals and tourists to explore a unique collection of modern and contemporary art.

Take a stroll around the old cobbled streets of **Hjelmerstald** or perhaps take photos of **Jens Bang's House** from 1624. You can also explore a wide range of modern street art with 60 murals around the city.

**Aalborg Street Food** – You will find a street food market serving food from approximately 16 different countries on Skudehavnen harbour in the western part of the city.

# Sightseeing in Aalborg



Hjelmerstald street



Rubjerg Knude Lighthouse

## THISTED

**Thisted** is an old market town situated on the Limfjord in beautiful natural surroundings. Thisted is home to the local Thisted Brewery which has been voted "Danish Brewery of the year" three times. If you are into water sports, you can go to Klitmøller, known as "Cold Hawaii". Klitmøller is Northern Europe's best surfing spot, and is rated as one of the world's best places to windsurf.

# Sightseeing in Hjørring and Thisted

## HJØRRING

**Hjørring** is situated 53 km north of Aalborg. The large number of interesting museums, theatres, beautiful medieval churches, art and sculptures in the town contributes to creating a very special atmosphere. For shopping, you will find that Hjørring has a pedestrian street filled with all types of shops as well as Metropol, a large shopping centre. Hjørring is located close to the shores of Vesterhavet and Rubjerg Knude Lighthouse. A popular attraction near the sea.



Cold Hawaii

# Practical information

Need to  
know

## Currency

The currency in Denmark is Danish Kroner (DKK).

## Language

The official language in Denmark is Danish, but English is very common as a second language.

## Public transport

Denmark benefits from well-organised and efficient public transport, which offers different variations of tickets, depending on the length of your stay.

## Time zone

Denmark is located in the Central European time zone (CET = GMT / UTC + 1). Daylight saving time applies from the last Sunday in March to the last Sunday in October (CEST = UTC/GMT+2).

## Electricity

The typical main voltage for households as well as hotels in Denmark is 230 volts (alternating current).

## Shopping and opening hours

Shops are usually open from Monday to Friday from 10.00 am to 17.30 pm. On Saturdays from 10.00 am to 16.00 pm. Most shops are closed on Sundays.

Supermarkets are usually open every day from 08.00 am until 22.00 pm.

## Emergency numbers

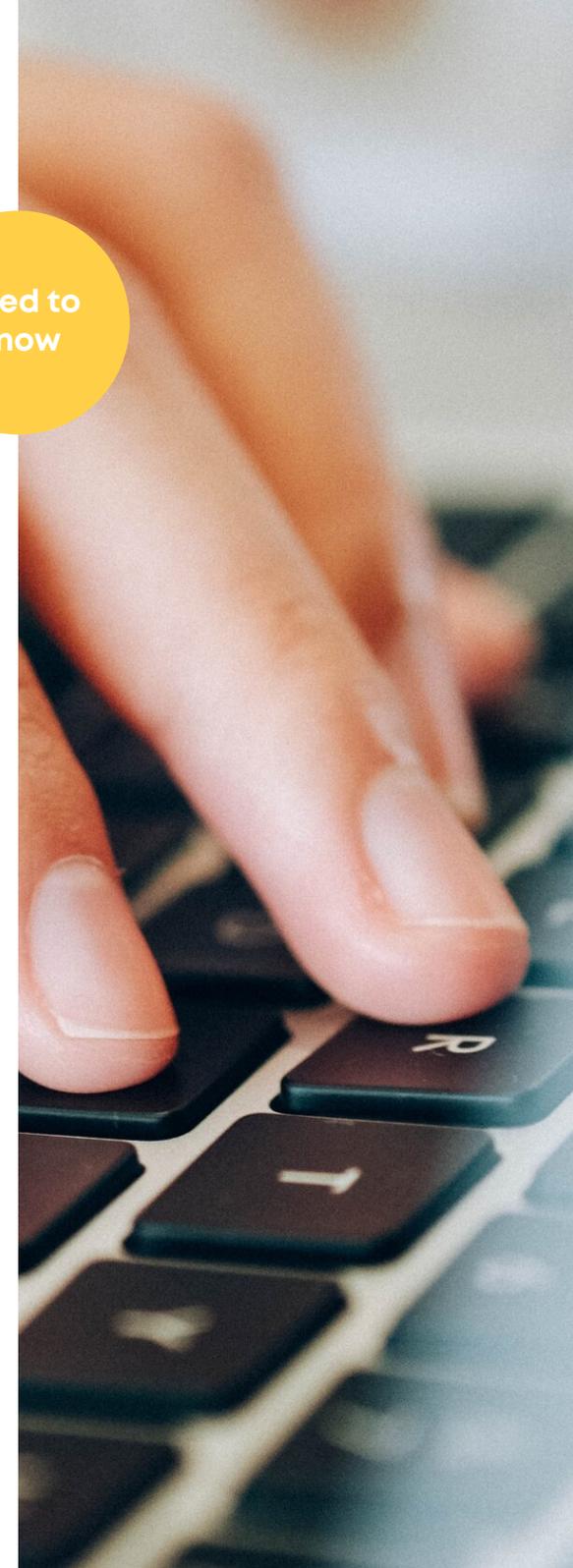
Call (+45) 112 for life threatening emergencies and ask for the police, fire department or ambulance service.

Call (+45) 70 150 300 for injuries or sudden illness to speak to a nurse or doctor, or if you need to go to a hospital emergency department.

Call (+45) 114 for police when it is not an emergency.

## Useful links to sightseeing

- [Aalborg Street food](#)
- [Musikkens Hus](#)
- [Rubjerg Knude Lighthouse](#)
- [Utzon Center](#)
- [Visit Aalborg](#)
- [Visit Nordjylland](#)



**UCN International**  
international@ucn.dk

[ucn.dk](http://ucn.dk)



UCN is the largest university college in Northern Denmark with campuses in three of the region's major cities – Aalborg, Hjørring and Thisted. We offer more than 30 study programmes at academy profession or bachelor's level within the fields of business, technology, health care and education, as well as numerous continuing education courses and degrees. We collaborate closely with surrounding industries and focus on applied research, lifelong learning, employability and local impact. We have 9,300 students, 6,000 course participants and 930 dedicated members of staff.